

## Curriculum Vitae – Daniel Lim

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### Educational Background

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- Sept 2015 - **Northeastern University**  
Present Degree: Ph.D. Personality/Social Psychology  
Advisor: Dr. David DeSteno
- Apr 2015 **Northeastern University**  
Degree: M.A. Psychology  
Advisor: Dr. David DeSteno  
Thesis: Compassion Born of Suffering: The Effects of Life Adversity on Prosociality
- Jan 2013 **University at Buffalo, The State University of New York**  
Major/Degree: Bachelor of Arts, Psychology, Summa Cum Laude with Advanced Honors  
Advisor: Dr. Michael J. Poulin  
Honors Thesis: Lifetime Adversity and Prosocial Behavior: A Sense of Closeness to Others in Need.
- Jun 2006 **Ngee Ann Polytechnic**  
Degree: Diploma in Business Studies (Associate's Degree)  
Concentration: Human Resource Management

### Research Positions

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- Sept 2013 - **Graduate Student Researcher** – Personality/Social Psychology  
Present *Northeastern University*  
Supervisor: Dr. David DeSteno
- Feb 2012 - **Lab Supervisor**  
May 2012 *University at Buffalo, The State University of New York*  
Supervisor: Dr. Michael J. Poulin
- Aug 2011 – **Research Assistant**  
Dec 2012 *University at Buffalo, The State University of New York*  
Supervisor: Dr. Michael J. Poulin
- Jan 2012 - **Research Assistant**  
Dec 2012 *University at Buffalo, The State University of New York*  
Supervisor: Dr. Shira Gabriel
- Jan 2012 - **Undergraduate Researcher**  
Dec 2012 *University at Buffalo, The State University of New York*  
Supervisor: Dr. John E. Roberts

### Presentations and Publications

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#### Publications

- Lim, D.** (2017) Social-Environmental Influences on Empathy. In Kondo, M. (Eds.), *Empathy*. InTechOpen. (In Preparation)

DeSteno, D., **Lim, D.**, Duong, F., & Condon, P. (2017) Meditation Inhibits Aggressive Responses to Provocations. (Under Review)

**Lim, D.** & DeSteno, D. (2016) Suffering and Compassion: The Links Among Adverse Life Experiences, Empathy, Compassion, and Prosocial Behavior. *Emotion*.

**Lim, D.**, Condon, P., & DeSteno, D. (2015) Mindfulness and Compassion: An examination of scalability and mechanism. *Plos One*.

#### Talks and Presentation

**Lim, D.** & DeSteno, D. (May 2017) Bridging the Empathy Gap: An Exploration of Forces and Strategies That Can Shape Empathy's Rise and Fall. Accepted for presentation at the 29th Association for Psychological Science Annual Convention, Boston, MA.

**Lim, D.** & DeSteno, D. (April 2017) Compassion and Suffering: Guilt as a Driving Force for Post-traumatic Prosocial Growth. Accepted for presentation at the 2017 Society for Affective Science Annual Conference, Boston, MA.

Condon, P., **Lim, D.**, & DeSteno, D. (February 2015) Mindfulness and compassion: Social psychological investigations of ancient phenomena. Presented at the Society for Personality and Social Psychology 16th Annual Convention, Longbeach, CA.

**Lim, D.** & DeSteno, D. (February 2015) Compassion Born of Suffering: The Effects of Life Adversity on Prosociality. Society for Personality and Social Psychology Emotion Preconference, Long Beach, California.

**Lim, D.** (March 2014) The Science of Meditation: The Effects of Contemplative Practices. For Brain Awareness Week at Northeastern University, Boston, Massachusetts.

#### Posters Presented

**Lim, D.** & DeSteno, D. (2017) Compassion and Suffering: Guilt as a Driving Force for Post-traumatic Prosocial Growth. Presented at the 17th Annual Meeting of the Society for Personality and Social Psychology Emotion Preconference.

Tam, K. H., **Lim, D.**, & DeSteno, D. (2017). Self-Other Similarity and its Effects on Insensitivity to Mass Suffering . Presented at the 17th Annual Meeting of the Society for Personality and Social Psychology.

**Lim, D.**, Condon, P., & DeSteno, D. (2016). Mindfulness and Compassion: An Examination of Mechanism and Scalability. Presented at the 16th Annual Meeting of the Society for Personality and Social Psychology.

**Lim, D.** & DeSteno, D. (2015) Compassion Born of Suffering: The Effects of Life Adversity on Prosociality. Presented at the 16<sup>th</sup> Annual Meeting of the Society for Personality and Social Psychology.

**Lim, D.** & Poulin, M. (2013) Social Affiliation as a Source of Prosocial Motivation in Times of Adversity. Presented at the 2013 New England Psychological Association Annual Meeting.

**Lim, D., DeLury, S. & Poulin, M. (2013)** Lifetime Adversity and Prosocial Behavior: A Sense of Closeness to Others in Need. Presented at the Celebration of Academic Excellence 2013, University at Buffalo.

**Lim, D., DeLury, S. & Poulin, M. (2012)** Lifetime Adversity and Prosocial Behavior: A Sense of Closeness to Others in Need. Presented at the Fourteenth Annual Meeting of Society for Personality and Social Psychology 2013.

**Lim, D., Kyung, Y., Yanes, P. & Roberts, J. E. (2012)** Deficits in Executive Functioning as a Trait Vulnerability for Depression. Presented at the 2012 New England Psychological Association Annual Meeting.

## Press

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[The Perils of Empathy.](#) The Wall Street Journal, December 02 2016

[What Doesn't Kill You Makes You Kinder.](#) Greater Good Science Center, January 25 2016

[People who have experienced more adversity show more compassion.](#) The British Psychological Society, January 20 2016

[The Funny Thing About Adversity.](#) The New York Times, October 16 2015

[The Kindness Cure.](#) The Atlantic, July 21st 2015

[5 Surprising Ways Mindfulness Can Change You.](#) The Huffington Post, March 5th 2015

## Grants

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2012 Undergraduate Research Award, awarded by Center of Undergraduate Research and Creative Activities, University at Buffalo - \$500; Responsibilities: Principal Investigator - Lifetime Adversity and Prosocial Behavior: A Sense of Closeness to Others in Need.

## Research/Academic Awards

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2015 Society for Personality & Social Psychology, Emotion Pre-conference Blitz Talk Award

2014 International Symposium for Contemplative Studies Student Scholarship

2013 Undergraduate Research and Scholarship Award of Distinction, University at Buffalo

2013 Excellence in Research, University at Buffalo

2013 Honors College Academic Enrichment Fund, University at Buffalo

2012 Honors College Academic Enrichment Fund, University at Buffalo

## Professional Memberships/Activities

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Journal Reviewer for: Emotion

### Membership

Since 2015 Association for Psychological Science

Since 2012 Society for Personality and Social Psychology

Since 2011 Psi Chi International Honor Society, *Inductee*

2012 – 2013 New England Psychological Association

## Teaching Experience

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### Course Instructor

2016 Foundations of Psychology

### Teaching Assistant Positions

2017 Social Psychology Lab, Northeastern University

2016 Statistics in Psychological Research, Northeastern University

2016 Research Designs Lab, Northeastern University

2014 Personality Laboratory Course, Northeastern University

2014 Foundations of Psychology, Northeastern University

### Skills/Technical Knowledge

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#### Software:

Statistics: SPSS, STATA, R

Experimental: Medialab and DirectRT

Physiological: Acqknowledge

Audio Production: Cubase, Nuendo

#### Hardware:

Physiological: Biopac systems – Noninvasive Blood Pressure, Bionomadix ECG, and Galvanic Skin Response amplifiers; Noninvasive Cardiac Output Module.

Audio Engineering: Pro-audio recording equipment

### Research Interests

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- The relation between life experiences (e.g. adversity) and prosociality
- Effects of contemplative practices on social behavior
- Enhancement of prosociality via social interventions

### References

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David DeSteno

Professor of Psychology, Northeastern University

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Contact No.: 617-373-7884

Michael Poulin

Associate Professor of Psychology, University at Buffalo

Email: [mjpoulin@buffalo.edu](mailto:mjpoulin@buffalo.edu)

Contact No.: 716-645-0518

Stephen G. Harkins

Professor of Psychology, Northeastern University

Email: [s.harkins@northeastern.edu](mailto:s.harkins@northeastern.edu)

Contact No.: 617-373-3790